

Troop 31 – Safety First Checklist for Camping

Proper preparation is essential for any Troop 31 outdoor adventure. Having the necessary supplies and equipment can make a difference in your safety, overall enjoyment, and experience. Checklists are a great tool to help with your organization. On the back page you will find a checklist of what we expect you to bring to a normal outdoor adventure (Friday Night thru Sunday morning trip). For longer trips, please adjust the number of each item you should bring.

The actual supplies you bring will vary according to the type of camping trip planned, the activities for that trip, the time of year and the length of your trip. You may add or remove optional items to suit your individual needs, however, **MUST** bring items **MUST** be brought with you.

Safety is the number one concern of Troop 31 and no one will be allowed to attend an Outdoor Adventure without the proper supplies. Please read the Statement of Understanding below, sign it, and return this page to your adult patrol advisor. You should keep a copy of the checklist handy for use when packing and remember to check the Troop 31 website frequently for updates (the most updated copy of the checklist will be kept there).

Note the following legend for the checklist:

Bold Type: Items you **MUST** bring to every campout

Red Type: Items you **MUST** bring to a cool weather campout (in addition to bold items for a low temp forecast of 40° - 60°)

Blue Type: Items you **MUST** bring to a cold weather campout (in addition to bold items & red items for a low temp forecast of 40° or less)

The actual supplies you bring will vary according to the type of camping trip planned, the activities for that trip, the time of year and the length of your trip. Add or remove items to suit your individual needs; however, you must **ALWAYS** bring the mandatory (bold) items. Use your best judgment on optional items and remember that it is always better to bring warmer clothes than the forecast.

IMPORTANT FOR ALL CAMPOUTS: Scouts **MUST** bring a mess kit that includes a plate, bowl, drinking cup and utensils must be brought. The Troop does not provide these. Lastly, proper footwear, **boots** (not gym shoes or open toed shoes), should be worn at all times to prevent injury to the feet.

WHAT NOT TO BRING: No Electronic Gear (i.e. Cell Phones, I-Pod's, D/S, etc...). These will be confiscated and returned at the end of the campout. This will apply to all campouts and outings with the exception of the electronics campout.

Statement of Understanding:

I have read and understand what I must bring to every Troop 31 Outdoor Adventure (depending upon the forecasted weather) to keep me safe. I also understand that if I do not have the necessary supplies my parents will be called to come and pick me up or bring me the proper supplies.

Scout

Parent

Supplies Needed for Camp Out – Troop 31

Much of this can be found on pages 224 - 225 of your Scout Manual (but not all of it)

Sleeping Gear:

Note: For Sleeping Bags, Pads, Boots, and Jackets - ONLY bring the ones needed for the weather forecast (see codes to colors listed above).

- Sleeping Bag rated to at least 40°
- Sleeping Bag rated to 20° (or two - 40° bags)
- Sleeping Bag rated to 0° (or two - 20° bags)
- Extra Blankets (if sleeping bag not rated low enough)
- Sheets / Sleeping Bag Liner (optional)
- Insulated Sleeping Pad
- Insulated Sleeping Pad
- Pillow (optional)
- Cot (optional)
- Air Mattress and Pump (optional)
- Repair Kit for Air Mattress (optional)

Clothes:

Note: Amounts listed INCLUDE the items the boy may be wearing to the campout. All items should be CLEAN and DRY. Boys **MUST** wear their Class A uniform shirt (minus the neckerchief and slide) to the drop off point in order to attend the campout.

- Hiking Boots (mandatory)
- Hiking Boots (mandatory - insulated)
- Gym Shoes for Indoors ONLY (optional)
- Socks - 5 pair
- Wool or Synthetic Socks - 5 pair (**NOT** cotton)
- Sock Liners – 3 pair (optional)
- Underwear – 3 pair
- Long Underwear Top - 1 pair (wool/synthetic)
- Long Underwear Bottom - 1 pair (wool/synthetic)
- Pants / Jeans
- Snow Pants (wind and waterproof)
- Shorts (optional)
- T-Shirts - 3
- Sweatshirt – 1 (wool/synthetic)
- Sweatshirt – 2 (wool/synthetic)
- Light Weight Jacket w/hood (optional)
- Winter Weight Jacket w/hood
- Winter Weight Hat
- Gloves or Mittens (wind and waterproof)
- Balaclava (optional)
- Scarf (optional)
- Ear Muffs (optional)
- Sleeping Clothes
- Rain Gear (**NOT** a poncho)
- Baseball Hat (for shading and tick protection)
- Work Gloves (optional)

Personal Items / Gear:

- Backpack (with rain cover preferred)
- Bug Repellant (optional during winter months)
- Camp Chair (optional)
- Chapstick (optional)
- Compass
- Extra Food & Water
- Fanny Pack / Day Pack (optional)
- Fire Starter
- Headlamp or Flashlight (with extra batteries)
- Matches (storm proof, or in a watertight container)
- Mess Kit (w/Plate, Bowl, Hot & Cold Cup & Utensils)
- Notepad / Pencil
- Personal First Aid Kit (see items needed below)
- Personal Medications (must be given to Adult Medic)
- Pocketknife (or multi-tool – **MUST** have Totin' Chip)
- Signaling Devices (whistle and mirror)
- Sunglasses (for sun and snow)
- Sunscreen
- Water Bottle (Nalgene or similar)

Personal First Aid Kit:

The **bold** items on this list are taken directly from the Scout Handbook (page 289) and are **MUST** have items. The other items are suggested supplies you should consider for your first aid kit

- Ace Bandages
- Adhesive Bandages (6 of various sizes)
- Adhesive Tape (1 roll)
- Antibacterial Soap
- Antibiotic Cream
- Antiseptic Wipes
- Blanket (emergency type)
- Burn Ointment
- Butterfly Bandages
- Eye Drops
- Eye Protection (plastic goggles)
- First Aid Manual
- Latex Gloves
- Mole Skin for Blisters (3" x 6")
- Mouth-Barrier Device (for Rescue Breathing)
- Nail Clippers
- Notepad / Pencil
- Scissors
- Sterile Gauze Pads (3" x 3") – 2 of them
- Sunburn Lotion
- Triangular Bandages
- Tweezers (small tipped)